



Years of Mobile Chemotherapy 2007 – 2017

Help us to keep the wheels turning

on our Mobile Chemotherapy Unit Project



Years of Mobile Chemotherapy 2007 – 2017

Celebrating 10 years of Mobile Chemotherapy

- 12 MCUs on the road
- Over 2,000,000 miles saved for patients
- Over 170,000 hours saved

Dear Supporter

As you know, 2016 was a landmark year for Hope for Tomorrow as we were awarded the Queen's Award for Enterprise in the category of Innovation. 2017 promises to be just as special as we celebrate 10 years since we launched the world's first Mobile Chemotherapy Unit (MCU) in Gloucestershire. This landmark is one we are immensely proud of and drives us forward to ensure we continue to bring cancer care closer to even more patients long into the future.

Since the launch of the first MCU back in 2007 we have learned a lot about cancer care and the provision and operation of specialist mobile units around the country. We have an in-depth understanding of the needs of NHS Oncology Departments, their patients and staff and we want to invest in the continued development and sustainability of our existing fleet, expand further across the UK and to develop additional innovations to improve access for patients irrespective of age and treatment type.

With this in mind we have launched our new appeal called 'KEEP THE WHEELS TURNING' which you can read more about on page 10 and 11 along with ways to donate. Your support for this appeal could help us achieve our objectives as we truly believe every cancer patient deserves the opportunity of receiving their cancer care closer to home.

On behalf of everyone at Hope for Tomorrow, a heartfelt thank you for your continued support and we hope you enjoy reading about all of our news and updates in this newsletter.

Best wishes

Christine Mills MBE
Founder and Trustee



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When we launched the world's first Mobile Chemotherapy Unit (MCU) back in 2007 it was prior to the government adopting its 'care in the community' policy.

We develop, build, own and maintain the MCUs and provide them to the NHS to operate. After the successful 3 year pilot scheme for our first MCU we have gone on to launch a total of 11 across the country with ambitions to have 20 MCUs by 2022. In July 2017, we will be launching our next new unit in partnership with The Royal Marsden NHS Foundation Trust – a landmark moment for the charity working in partnership with such a recognised leader in cancer treatment.

We are not only celebrating 10 years on the road; it's about expertise in our field of operation. We don't just own and maintain, we work closely with our potential NHS Partners to take them from their initial interest through to delivery of a MCU. This involves working with many different internal NHS departments who will all have "to buy into" the MCU project. From the Pharmacist to the Facilities Manager it is a team effort from start to finish.



Develop

Bringing an NHS partner into our project can take many months, sometimes years of negotiation and liaison. For example it took 6 years to bring our East Essex MCU to launch. Jo Tonkin, the Medical Project Lead and Head of Nursing and Clinical Services sums up the complexity of the process perfectly:

“Working in partnership with Hope for Tomorrow we were able to produce a business case that articulated clearly the benefit to patients and the organisation. Following approval the real team work began. Developing an MCU with the spec that matched the requirements of the trusts infection control team and clinical service was never too much trouble. Developing a bespoke MCU fit for our purpose but based upon the experience shared from organisations that had gone before us led to the delivery in July last year of ‘Maureen’, Colchester’s own MCU. The work involved leading up to ‘Maureen’s’ delivery was no mean feat. Identifying sites for the MCU, staffing requirements, recruitment of drivers and writing the operational policies required to ensure our service was safe and fit for purpose once on the

road was a challenge and not without its issues. However my constant emails with questions and queries to the Hope for Tomorrow team were always dealt with promptly and provided reassurance and suggestions about how to move forward.

The Colchester team view this partnership very positively. It’s provided our patients with the opportunity to receive their treatment closer to their homes in an environment that is fit for purpose and by staff they have built a relationship with and they know and trust.”



Build

Our coach builders are specialists in their field and they ensure our MCUs are fit for purpose for the needs of the NHS not only for the here and now but for future developments in the field of chemotherapy and other cancer related treatments. Each MCU is bespoke built onto a chassis and is designed to give patients the same quality of treatment experience as they would expect in the hospital itself.



Maintain

Each MCU is serviced every 12 weeks with ongoing maintenance and repairs ranging from air conditioning unit filters, window and flooring seals, electrical upgrades and general repairs – with each

MCU at a different stage of its lifecycle there is an ongoing schedule that we have to carefully project manage which also includes our fleet of Nurses Support Vehicles.



Coming soon our next MCU

We are proud to announce that our next MCU will be launched in partnership with The Royal Marsden NHS Foundation Trust. This renowned specialist cancer treatment hospital is based in London and operates across two sites; one in Chelsea and one in Sutton, Surrey, where our MCU will be based. The MCU is set to launch in July 2017 with potential treatment locations to be confirmed nearer to the launch date.

The ROYAL MARSDEN
NHS Foundation Trust

The Royal Marsden Cancer Charity is funding two drivers who will be responsible for safely delivering the MCU to treatment locations and returning to its base at the end of clinics.

This MCU is the sixth MCU funded by The Mark Benevolent Fund. On behalf of all the patients this MCU will help, we are so grateful for their support.

Please keep following our website for future updates.

Gloucestershire New Unit Appeal Success

After a successful appeal, and to mark the 10th anniversary of our Mobile Chemotherapy Units, we presented Gloucestershire NHS Foundations Trust with a brand new Generation Two MCU;

'Helen', enabling us to continue to bring cancer care closer to patients' homes. 'Helen' was a dear friend of our charity founder, who sadly passed away from cancer.

Since the launch in 2007, 'Helen' has saved patients 54,000 hours of waiting time and over 720,000 miles.

Many donated towards this appeal by a tremendous amount of fundraising for which we are incredibly grateful. We would also like to

take a moment to thank The Swire Charitable Trust who made a very generous donation, which completed the appeal and to the Duchess of Beaufort who attended the launch and cut the ribbon for us to officially open the MCU.



Reserve MCU

As we now have MCUs on the road across the country, we utilise two reserve MCUs in order to ensure continuity of service for patients. With our ongoing maintenance programme, we never want patients to miss out on cancer care closer to home and by running and providing these reserve MCUs, we are able to provide our NHS Partners with a vehicle whilst theirs is in for maintenance and/ or repairs to make sure they can still operate their service. 'Teddy' is pictured here with one of the East Kent drivers on its recent visit to the county.



Teddy is named after our Patron, Ross Browns' mother 'Teddy' who sadly passed away from cancer.

Lincolnshire Update

We are pleased to announce that our Lincolnshire MCU 'Elaine' now visits Louth once a week helping to bring cancer care closer to patients' homes.

'Elaine' visits 3 locations weekly; Grantham, Skegness and Louth. We recently celebrated her 3rd Birthday as a thank you for all the support since her launch back in 2014. 'Elaine' has so far saved patients over 120,000 miles of travel and 10,000 hours of their time.



East Essex Update

Since our East Essex MCU, named 'Maureen' launched last summer, she has been busy administering over 600 treatments to patients in Tiptree, Clacton, Halstead and Stanway. We have received countless letters of thanks and donations from patients who have been so appreciative of the service 'Maureen' provides.

In Colchester there has been a steady growth of patients utilizing the services, which include administration of oral and intravenous chemotherapy, PICC line care, pre-chemotherapy blood tests and other supportive treatments.

Evaluating the service after six months and evidencing the patient experience is paramount. Patients who have used the MCU over this time period were sent a questionnaire to gauge feedback on the convenience of the service and whether this has improved their experience of receiving chemotherapy/supportive care away from the hospital setting.

"Much less stressful – can be fitted into a morning easily leaving me time to shop and do other things afterwards. The driving is minimal too. The atmosphere in the bus is calm and I enjoy pleasant conversations with the nurses and other patients."

MCU Patient

"I met many people on the MCU who like me were so thrilled with this service – so convenient and also friendly and always efficient. I will be writing to Hope for Tomorrow to thank them for their funding."

"I would highly recommend this service to any patient that lives close to the Bus stops. It's so convenient – there's no waiting around. Much time is saved. Over the years I have got to know the Nurses very well and have always found them to be friendly cheerful and so very caring."





Left to right: Phil Anyon (the Lincolnshire MCU was named after his wife who sadly passed away from cancer), Nettie Percival, Deputy Sister Katrina Simpson

Nettie Percival

How long have you worked on the MCU and what is your role within the team?

I worked on the MCU for 18 months from its inception as one of the deputy sisters. I have since taken up a full time post as deputy sister on the Outpatient unit so I am still on the periphery of the project while helping the new nurse in post and enjoy the rare occasions where I am back on shift on the MCU.

What do you like about being involved in the MCU project?

The difference it makes to the patient is tremendous. Having time to provide a holistic service is the crux of nursing philosophy. The satisfaction of treating a patient on time, nearer to their home and being able to reduce the burden of the patients cancer journey is tremendous.

What does the MCU give patients and nursing staff?

For the patient it reduces the burden of cancer, bringing chemotherapy closer to home helps to alleviate the stress of the journey, how to get there, who will take them, where to park, travelling any distance while feeling the effects of treatment, the financial cost of travel but most of all it reduces all the delays and time spent away from home. This is really important for patients. For staff, having time to care is the most important aspect of nursing care and the satisfaction of making a difference.

Take us through your work with the MCU project...

I set up the MCU with equipment, organised training for the drivers, was involved in the operational policy and action cards and carried out risk assessments of the MCU to ensure patients and staff safety. I educated staff on the background of the MCU, set up a database to audit attendance, tumour groups, and where the patients travel from. I ensured that staff had completed ILS training and completed all the relevant documents to drive the support vehicle and arranged for the checking and calibrating of equipment. I looked at the suitability of the proposed sites and negotiated with the fleet services manager to ensure the correct electrical supplies were in place, formulated time lines to work out operational hours and drivers rosters. I attended meetings to update Hope for Tomorrow regarding progress of the MCU and in-house meetings involving consultants and pharmacists to decide on the approved regimens. I completed quarterly reports and fortnightly returns and organised computers, telephone and Wi-Fi access for the MCU.

How have you seen the MCU benefit patients?

I have seen face to face the benefit for the patient; they are more independent, in control of what is happening to them, spend less time in hospital and don't have to worry about transport and the additional costs entailed. It is more personal and the patients like that personal touch and the time to talk. Patients are happier and more relaxed whilst on the MCU.

Stand out moment

One of our patients used to cycle to the MCU, even when he wasn't due for treatment, to drop off doughnuts for staff. He was eternally grateful to us for the service we offered.



There are many ways in which you can play a part in keeping the wheels turning on our

Mobile Chemotherapy Unit Project.

Here are just a few to inspire you:

Support our appeals – donate today!

Our appeals are designed to help us invest in the continued development and sustainability of our existing fleet, expand further across the UK and to develop further innovations to improve access for patients irrespective of age and treatment type.

Keep the Wheels Turning Appeal

Each patient treatment administered on board our MCUs costs the charity approximately **£40**. Please help us to keep the wheels turning and donate today.

This is our flagship appeal to fund the whole charity, helping us to cover our fleet management and development costs, ongoing maintenance and repairs across each MCU. Designed to ensure that we continue to deliver cancer care long into the future and to enable us to continue to develop and innovate.

Your donation represents a vital contribution to Hope for Tomorrow's ongoing Mobile Chemotherapy Unit Project and will be used where the need is greatest to help bring cancer treatment closer to patients' homes.

New/Replacement Mobile Chemotherapy Units and Nurses Support Vehicles Appeals

Over the next 5 years we will not only be launching new MCUs but we will also be undertaking a replacement body programme for the older MCUs in our fleet. In addition we need to replace ageing Nurses Support Vehicles.

- Each new MCU costs the charity **£265,000** to develop, build and maintain for a 4 year period
- Each replacement MCU body will cost the charity **£150,000**
- Each replacement NSV will cost the charity **£12,500** for a 4 year period



Fundraise for us!

Hold a fundraising event

From cake bakes to coffee mornings, fashion shows to office dress down days our fundraising pack will help get you started.



Challenge yourself

We have challenge events across the country and overseas that you can take part in. From marathons to sky dives we are here to help you challenge yourself and raise money for our charity at the same time.

If you would like to fundraise for us you can request a fundraising pack using the contact details below.



How to donate

No matter how large or small, all of your donations play a vital part in helping us bring cancer care closer to patients. Below are just a few ways of donating but please visit our website to see alternative suggestions. Thank you for your support.

Become a regular giver

Regular gifts can help us plan for the future and ensure that money is available where it is needed most. Having a reliable, steady income is essential for us to keep the wheels turning. Regular giving through your bank via a direct debit could not be easier to set up, so please visit our website and click on the donate button and follow the simple steps.

Our regular gifts scheme is operated by Gocardless.

Make a single gift donation

Big or small, every single gift you give can help us keep the wheels turning. With each patient treatment costing the charity £40 every donation helps us continue to bring cancer care closer to patients homes.

DON'T FORGET TO GIFT AID!

By adding Gift Aid to your donation, we will receive an additional 25p for every £1 donation at no extra cost to the donor. If you donate by text or online, there is a step by step process in which you can choose to Gift Aid. If you donate by post, you can request a Gift Aid form from our Head Office, please contact us today see contact details on page 18.

TEXT:

To donate £5 text **HOPE** to **70660**

Text costs **£5** plus your network charge. Hope for Tomorrow receives **100%** of your donation but pays a small monthly fee to the text donation supplier. Please obtain the bill payer's permission. Customer care **01666 505055**.

ONLINE: Using your credit or debit card please visit our website and click on the donate button. All major credit cards accepted except Diners.

PHONE: All major credit cards accepted except Diners. Please telephone us on **01666 505055** to make a donation.

POST: You can download a donation form on our website to make a donation by post or simply send a cheque or postal order to our address on page 18. Please makes cheques and postal orders payable to **Hope for Tomorrow**.



Volunteer for us!

- We are a fast growing charity that receives no Government funding, which is why it is vital that we have our wonderful supporters to help us keep the wheels turning on our Mobile Chemotherapy Unit Project.
- We are looking for energetic and enthusiastic volunteers who care about bringing cancer care closer to patients' homes. From helping out at our own charity events to attending supporter events on our behalf, if you would like to help, please get in touch – we'd love to hear from you!
- We are currently looking to recruit Volunteers for the following roles:
 - Community Champion
 - Event Helper
 - Head Office Support
 - Collection Box Coordinator

If you are interested in volunteering for Hope for Tomorrow please get in touch to discuss the various ways of getting involved



Party at the Polo

Why not enjoy a fabulous day at the Polo on Saturday, 24th June?

You can go the glamorous route and book VIP tickets for friends and colleagues with private grandstand viewing, drinks reception, lunch and afternoon tea – all in the beautiful setting of the prestigious Beaufort Polo Club in Westonbirt, Gloucestershire. Or for a more relaxed day, picnic and watch the action with family and friends.

The day starts at 12.00 with music and a polo demonstration. VIP ticket holders will enjoy a drinks and canapés reception and a welcome by England Polo team players. This will be followed by a sumptuous two-course lunch before taking a grandstand seat as two teams battle it out in a fast-paced Prince of Wales Cup match. A cocktail bar will be open to all until 6.30pm and music will provide the background to this classic summer season event.

VIP tickets are £95 per person or £900 for a table of 10 guests; day tickets are £10 per person and offer access to the ground, clubhouse and parking from 12.00. Day ticket holders are welcome to bring their own picnic and watch the matches. All ticket proceeds will help keep the wheels turning on Hope for Tomorrow's Mobile Chemotherapy Unit project.

Do come along and soak up the relaxed atmosphere at this quintessentially British event on Saturday 24th June. Party at the Polo is supported by FIAG, the Fleet Industry Advisory Group.

Beaufort Polo Club is at Down Farm, Westonbirt, Tetbury, Glos GL8 8QW.



Chemotherapy in the Community Week

9th – 15th October

In 2014, we launched an annual initiative called 'Chemotherapy in the Community Week' (CITC), during which, our supporters, NHS Trust Partners, community groups, clubs and Corporate Charity Partners collectively spend the week raising funds and awareness for our Mobile Chemotherapy Unit Project and the MCU service via a wide range of activities and events.

Our CITC packs will be available shortly online and via the fundraising team!



Save the dates 2018

Don't forget to add these dates into your diary for next year!

An Evening with the Legends of Le Mans raises huge funds for our charity!



A hugely successful fundraising event was held with legendary Le Mans drivers both past and present at The Hurlingham Club, London on Thursday 18th May for our annual celebration of the 24 hour Le Mans race, the most famous and prestigious endurance sports car race in the world.

Drivers attending the evening included charity Patrons Ross Brawn OBE, Martin Brundle, David Richards CBE, David Brabham, as well as Harry Tincknell, Darren Turner and 9 time Le Mans winner Tom Kristensen plus many more!

Guests mingled with the Le Mans royalty in the stunning Palm Court and Orangery which was lined with iconic cars including a Bentley 3 litre, last year's winning Porsche 919 that had been shipped over from Stuttgart, Germany specifically for this event, Mirage GR8, Ford Rep GT, GT 40 MKIII, Aston Martin Vantage and many more.

We were absolutely overwhelmed to have raised over £100,000 on the night, a fantastic achievement.

A huge thank you to everyone who came along and supported us on the evening, we are so thrilled with the response and are looking forward to next years Le Mans event on Thursday 17th May 2018!

Le Mans – 17th May 2018
Quaglinos – November 2018

See you there!



With more MCUs across the country our fundraising network is spreading. Here is a small selection of our regional round up (please visit our social media to catch up on all our supporter news).

East of England



Mobile Chemotherapy Units (MCUs) allowed her to retain much of her freedom.

Rachel said of her treatment on our MCU, *"With the 'chemo bus' coming to Sudbury Community Health Centre on a Thursday, I was able to leave work, have my flush [her ten-minute treatment] and be back at my desk within 45 minutes. Not having to go to hospital made such a difference. I found that by being able to use the chemo bus, I was able to maintain a fairly regular presence at work and retain much of my normal day-to-day routine"*.

Rachel has put an incredible amount of time towards fundraising activities from Golf days to a head shave for which we are immensely grateful. Thank you from us all here at Hope for Tomorrow!

A huge thank you to Rachel Stokes for her support and fundraising efforts!

Since having her surgery and chemotherapy, Rachel wanted to thank us, after one of our

East Midlands

It was a hugely successful day at the Lincolnshire 10k run, which took place on Sunday 2nd April.

Approximately 5,500 took part in the road race, 8 of which were running for our charity and all finished with fantastic results!

We would like to say a huge thank you to the following for their hard work in training and fundraising for us:

- Catherine Anderson
- Hayley Fleming
- Justin Hargate
- Karzan Hughes
- Helen Thompson
- Alison Ward
- Gio Carchedi
- Leanne Martin

The total raised between all runners is over a staggering £2,000! It is the invaluable support like this that enables us to keep the wheels turning on our Mobile Chemotherapy Unit Project and to bring cancer care closer to patients' homes.



South West

Tabitha, who is ten years old, is the granddaughter of one of our longstanding supporters Liz Peters.

Tabitha made the brave decision to have all of her lovely long hair cut short. Through her incredible act of kindness, she managed to raise a whopping £1,000 (and still counting!) Thank you Tabitha!



In Minehead on the 12th March this year a special concert was held in memory of Hope for Tomorrow Ambassador Louise Doolan. 'Sing Out' raised a staggering £5,680 – an absolutely fantastic result!

The evening was filled with music from acts such as Beautiful World, Tasha Leaper as Madonna and Bucks Fizz were also performing!

Louise was a young mother, who was a talented performer, and a member of 'Bucks Fizz' during the late 1990's.

Louise's name still has a very strong presence within the charity and with the support of all of her friends and family, her name will live on.

Thank you so much to all involved.



South East of England

Volunteer Mollie Jackson is a big supporter of Hope for Tomorrow and works tirelessly to raise vital funds and awareness for the charity.

In 2017 alone, Mollie has organised a coffee morning, counted out donations from collection tins and organised a talk by Melanie Gibson Barton on the Life of Judith Cavell. These recent fundraising events raised over £500 for Hope for Tomorrow and Mollie has more events planned throughout the year, including an open garden event in Wittersham.

Thank you for your continued support Mollie.





Hope for Tomorrow

Bringing cancer treatment closer to home

Giving with Confidence

We know that when you make a donation, whichever charity you support, you will want to know that the organisation is committed to best practice and that they are responsible in the way that they fundraise and dedicated to honesty and accountability.

We respect your privacy and if you no longer wish to receive our newsletter or to be contacted by Hope for Tomorrow, please let us know, and we will update our records accordingly.

**Thank you from all the team at
Hope for Tomorrow.**

We couldn't do what we do without you.



To donate

ONLINE:

www.hopefortomorrow.org.uk

TEXT:

Text HOPE to 70660 to donate £5

Text costs £5 plus network charge. Hope for Tomorrow receives 100% of your donation. Please obtain bill payer's permission. Customer care 01666 505055. Charity No 1094677.

BY PHONE: All major credit cards accepted except Diners. Please telephone us on 01666 505055 to make a donation.

BY POST: Please make cheques payable to Hope for Tomorrow and post to our Head Office.

For more information on how to donate, please see page 12.

To get in touch...

Call us on: **01666 505055**

Send us an email at:

info@hopefortomorrow.org.uk

Write to us at:

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